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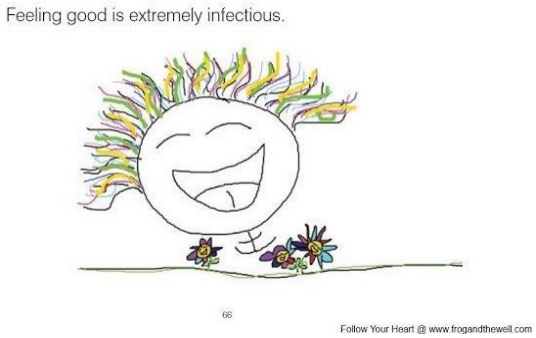
I AM IN THE SKY

by Josh Langley
author of Dying to Know, is there life after death?

I'd woken up from a dream and rolled over and while still slowly sliding back into sleep I asked in my last few moments of consciousness what it would be like to be the sky. Not to fly and be 'in' the sky, but I wanted to experience what being the entire sky was like.

In the next moment I'm fully experiencing the expansiveness of being the sky. I was the sky. Not part of it, or floating in it, I was the entire sky. I was no longer the personality that was Josh, but my 'I AM- ness' was still the same, my awareness was as it is now yet without the hu- man filters I could experience some- thing so much more magnificent.

I am an explorer, an explorer of my own consciousness and I am often left in incredible awe of what happens when I 'get out of my way' and just enjoy the journey. I spent years doubting the experiences I was having because they didn't fit in the box of what I thought I wanted, but when I let go of the expectation magic started to happen.



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